



## COFFEE ICE BLENDED® DRINKS

### Mocha Ice Blended®

	Calories	Saturated Fat (g)	Sodium (mg)	Carbohydrates (g)
12oz Mocha Ice Blended®	280	4.5	340	52
12oz Mocha Ice Blended® NSA Powder	110	0	180	19
16oz Mocha Ice Blended®	370	6	440	68
16oz Mocha Ice Blended® NSA Powder	140	0	230	24
24oz Mocha Ice Blended®	540	9	650	101
24oz Mocha Ice Blended® NSA Powder	200	0.5	330	35

### Vanilla Ice Blended®

12oz Vanilla Ice Blended®	290	6	300	50
12oz Vanilla Ice Blended® NSA Powder	110	0.5	200	20
16oz Vanilla Ice Blended®	390	8	400	67
16oz Vanilla Ice Blended® NSA Powder	150	0.5	270	25
24oz Vanilla Ice Blended®	570	12	580	99
24oz Vanilla Ice Blended® NSA Powder	210	1	390	37

### Caramel Ice Blended®

12oz Caramel Ice Blended®	380	7	350	68
12oz Caramel Ice Blended® NSA Powder	200	1	250	37
16oz Caramel Ice Blended®	540	9	480	99
16oz Caramel Ice Blended® NSA Powder	300	2	350	57
24oz Caramel Ice Blended®	790	13	710	145
24oz Caramel Ice Blended® NSA Powder	430	2.5	510	83

### Ultimate Mocha Ice Blended®

12oz Ultimate Mocha Ice Blended®	320	6	340	57
12oz Ultimate Mocha Ice Blended® NSA Powder	150	1.5	180	23
16oz Ultimate Mocha Ice Blended®	420	7	450	75
16oz Ultimate Mocha Ice Blended® NSA Powder	190	2	230	31
24oz Ultimate Mocha Ice Blended®	620	11	660	111
24oz Ultimate Mocha Ice Blended® NSA Powder	280	3	340	45

### Ultimate Vanilla Ice Blended®

12oz Ultimate Vanilla Ice Blended®	330	7	310	55
12oz Ultimate Vanilla Ice Blended® NSA Powder	150	2	210	24
16oz Ultimate Vanilla Ice Blended®	440	10	400	73
16oz Ultimate Vanilla Ice Blended® NSA Powder	200	2.5	270	32
24oz Ultimate Vanilla Ice Blended®	650	14	590	109
24oz Ultimate Vanilla Ice Blended® NSA Powder	290	3.5	400	47

### White Chocolate Ice Blended®

12oz White Chocolate Ice Blended®	360	11	410	58
16oz White Chocolate Ice Blended®	470	15	540	76
24oz White Chocolate Ice Blended®	690	23	790	111

### Black Forest Ice Blended®

12oz Black Forest Ice Blended®	340	6	340	69
12oz Black Forest Ice Blended® NSA Powder	210	1.5	180	35
16oz Black Forest Ice Blended®	500	7	450	91
16oz Black Forest Ice Blended® NSA Powder	270	2	230	47
24oz Black Forest Ice Blended®	740	11	660	135
24oz Black Forest Ice Blended® NSA Powder	400	3	340	69



### Hazelnut Ice Blended®

12oz Hazelnut Ice Blended®	330	14	180	50
16oz Hazelnut Ice Blended®	440	18	230	66
24oz Hazelnut Ice Blended®	650	27	340	98

### Extreme Ice Blended®

(lowest/highest calorie beverages for Extreme Ice Blended®)

12oz Extreme NSA Mocha Ice Blended®	80	0	140	16
24oz Extreme Caramel Ice Blended®	750	13	640	140

## COFFEE-FREE ICE BLENDED® DRINKS

### Pomegranate Blueberry Ice Blended®

12oz Pomegranate Blueberry Ice Blended®	350	6	270	68
12oz Pomegranate Blueberry Ice Blended® NSA Powder	170	0.5	170	37
16oz Pomegranate Blueberry Ice Blended®	460	8	350	87
16oz Pomegranate Blueberry Ice Blended® NSA Powder	220	0.5	220	46
24oz Pomegranate Blueberry Ice Blended®	670	12	530	126
24oz Pomegranate Blueberry Ice Blended® NSA Powder	310	1	340	65

### Banana Caramel Ice Blended®

12oz Banana Caramel Ice Blended®	400	7	320	78
12oz Banana Caramel Ice Blended® NSA Powder	220	1	220	47
16oz Banana Caramel Ice Blended®	570	9	440	110
16oz Banana Caramel Ice Blended® NSA Powder	330	2	310	69
24oz Banana Caramel Ice Blended®	830	13	660	161
24oz Banana Caramel Ice Blended® NSA Powder	470	2.5	460	99

### Pure Chocolate Ice Blended®

12oz Pure Chocolate Ice Blended®	300	4.5	370	55
12oz Pure Chocolate Ice Blended® NSA Powder	130	0	210	21
16oz Pure Chocolate Ice Blended®	390	6	490	72
16oz Pure Chocolate Ice Blended® NSA Powder	160	0	270	28
24oz Pure Chocolate Ice Blended®	580	9	710	106
24oz Pure Chocolate Ice Blended® NSA Powder	240	0.5	400	40

### Pure Vanilla Ice Blended®

12oz Pure Vanilla Ice Blended®	320	6	340	53
12oz Pure Vanilla Ice Blended® NSA Powder	140	0.5	240	22
16oz Pure Vanilla Ice Blended®	410	8	440	70
16oz Pure Vanilla Ice Blended® NSA Powder	170	0.5	310	29
24oz Pure Vanilla Ice Blended®	610	12	650	103
24oz Pure Vanilla Ice Blended® NSA Powder	250	1	450	42

### Malibu Dream Ice Blended®

12oz Malibu Dream Ice Blended®	340	6	260	63
12oz Malibu Dream Ice Blended® NSA Powder	160	0.5	160	32
16oz Malibu Dream Ice Blended®	440	8	350	82
16oz Malibu Dream Ice Blended® NSA Powder	200	0.5	220	41
24oz Malibu Dream Ice Blended®	640	12	520	119
24oz Malibu Dream Ice Blended® NSA Powder	280	1	330	58

NSA = No Sugar Added  
Beverages made with NSA Powder include other ingredients that do contain sugar.



### Green Tea Ice Blended®

12oz Green Tea Ice Blended®	310	6	330	52
16oz Green Tea Ice Blended®	410	8	430	69
24oz Green Tea Ice Blended®	600	11	620	101

### Chai Mate Ice Blended®

12oz Chai Mate Ice Blended®	310	6	260	56
12oz Chai Mate Ice Blended® NSA Powder	130	0.5	160	26
16oz Chai Mate Ice Blended®	410	8	350	74
16oz Chai Mate Ice Blended® NSA Powder	170	0.5	220	33
24oz Chai Mate Ice Blended®	600	12	520	108
24oz Chai Mate Ice Blended® NSA Powder	240	1	330	47

## FruTea® ICE BLENDED® DRINKS

### Pomegranate FruTea®

12oz Pomegranate FruTea®	150	0	45	43
16oz Pomegranate FruTea®	210	0	65	58
24oz Pomegranate FruTea®	310	0	95	86

### Mucho Mango FruTea®

12oz Mucho Mango FruTea®	180	0	30	45
16oz Mucho Mango FruTea®	240	0	40	60
24oz Mucho Mango FruTea®	360	0	60	90

### Frozen Lemonade FruTea®

12oz Frozen Lemonade FruTea®	240	0	510	62
16oz Frozen Lemonade FruTea®	320	0	680	83
24oz Frozen Lemonade FruTea®	480	0	1020	125

## ICED ESPRESSO & COFFEE DRINKS

### Iced Coffee

12oz Iced Coffee	5	0	10	1
16oz Iced Coffee	10	0	15	1
24oz Iced Coffee	10	0	15	2

### Iced Tea

16oz Iced Tea	0	0	5	1
24oz Iced Tea	5	0	10	1
32oz Iced Tea	5	0	15	1

### Tea Latte Over Ice

12oz Tea Latte Over Ice Vanilla Powder	130	3	130	23
12oz Tea Latte Over Ice NSA Vanilla Powder	45	0	85	8
12oz Tea Latte Over Ice Chocolate Powder	120	2	150	24
12oz Tea Latte Over Ice NSA Chocolate Powder	40	0	75	7
16oz Tea Latte Over Ice Vanilla Powder	180	4	180	31
16oz Tea Latte Over Ice NSA Vanilla Powder	60	0	110	10
16oz Tea Latte Over Ice Chocolate Powder	160	3	200	31
16oz Tea Latte Over Ice NSA Chocolate Powder	50	0	95	9
24oz Tea Latte Over Ice Vanilla Powder	260	6	260	46
24oz Tea Latte Over Ice NSA Vanilla Powder	80	0.5	170	15
24oz Tea Latte Over Ice Chocolate Powder	250	4.5	300	47
24oz Tea Latte Over Ice NSA Chocolate Powder	80	0	140	14



### Cappuccino Over Ice

12oz Cappuccino Over Ice	50	1.5	45	5
12oz Cappuccino Over Ice Nonfat Milk	30	0	45	5
16oz Cappuccino Over Ice	110	3.5	95	10
16oz Cappuccino Over Ice Nonfat Milk	70	0	100	10
24oz Cappuccino Over Ice	90	3	85	9
24oz Cappuccino Over Ice Nonfat Milk	60	0	85	9

### Latte Over Ice

12oz Latte Over Ice	100	3	85	9
12oz Latte Over Ice Nonfat Milk	60	0	85	9
16oz Latte Over Ice	190	6	160	16
16oz Latte Over Ice Nonfat Milk	110	0	160	16
24oz Latte Over Ice	210	7	180	18
24oz Latte Over Ice Nonfat Milk	120	0	180	18

### Mocha Latte Over Ice

12oz Mocha Latte Over Ice	170	2	220	31
12oz Mocha Latte Over Ice NSA Powder	90	0	150	15
16oz Mocha Latte Over Ice	270	3	350	46
16oz Mocha Latte Over Ice NSA Powder	160	0	250	25
24oz Mocha Latte Over Ice	360	4.5	470	64
24oz Mocha Latte Over Ice NSA Powder	200	0	310	31

### Vanilla Latte Over Ice

12oz Vanilla Latte Over Ice	180	3	200	30
12oz Vanilla Latte Over Ice NSA Powder	100	0	170	16
16oz Vanilla Latte Over Ice	280	4	330	46
16oz Vanilla Latte Over Ice NSA Powder	170	0	270	26
24oz Vanilla Latte Over Ice	370	6	420	61
24oz Vanilla Latte Over Ice NSA Powder	200	0.5	340	32

### Caramel Latte Over Ice

12oz Caramel Latte Over Ice	200	2	180	36
12oz Caramel Latte Over Ice NSA Powder	160	1	170	30
16oz Caramel Latte Over Ice	350	3	330	64
16oz Caramel Latte Over Ice NSA Powder	290	1.5	310	54
24oz Caramel Latte Over Ice	460	4.5	430	87
24oz Caramel Latte Over Ice NSA Powder	390	2	400	73

### Hazelnut Latte Over Ice

12oz Hazelnut Latte Over Ice	200	7	150	30
16oz Hazelnut Latte Over Ice	310	9	250	46
24oz Hazelnut Latte Over Ice	420	14	310	63

### White Chocolate Latte Over Ice

12oz White Chocolate Latte Over Ice	210	6	260	33
16oz White Chocolate Latte Over Ice	320	8	400	49
24oz White Chocolate Latte Over Ice	430	11	530	67

NSA = No Sugar Added  
Beverages made with NSA Powder include other ingredients that do contain sugar.